

Old L.A. Farmers Market

Bolanos Family Sprout

Vendor of Month

Juan Bolanos worked for a sprouter for 12 years as a driver, and he realized that he'd have a better future for himself and his family if he has making sprouts himself.

Six years ago, he started his own business making sprouts. It didn't require a large amount of space to do this – just a greenhouse, and three shelves. "We use maybe 30 square feet at home," says Bolanos.

There are no additives to any of their sprouts. They sprout nuts and beans, mixed beans, black beans, black-eyed peas, garbanzos, kamut, and wheat grass. It takes about 5 days maximum for his seeds to be ready to sell.

Currently, Juan works with his wife, three sons and one daughter, as well as some employees.



They go to one market each weekday, and about seven on Saturday and Sundays.

They are located at the Old L.A. Farmers Market on Avenue 58 in the farmer section.

Visit Bolanos Family



Tuesdays 3-8 pm
N. Figueroa & Ave 58
Highland Park 90042

Sprouts and other local Farmers at the Old L.A. Certified Farmers Market every Tuesday.

